

# Condemnations

Ableism

Ageism

Antisemitism

Classism

Colorism

Fatphobia

Homophobia

Islamophobia

Racism

Sexism

Xenophobia

## **Islamophobia:**

Irrational fear, hatred, and discrimination against practitioners of Islam or the Islamic religion as a whole.

Types of Islamophobic intervention include: 'causing, calling for, aiding or justifying acts of aggression against Muslims'; 'dehumanising, demonising or making stereotypical allegations about Muslims' and 'prescribing to/ propagating conspiracy theories about Muslims.'

Can affect Muslims or anyone *perceived to be Muslim*



# Coping with Grief

## PROPHETIC EXAMPLES

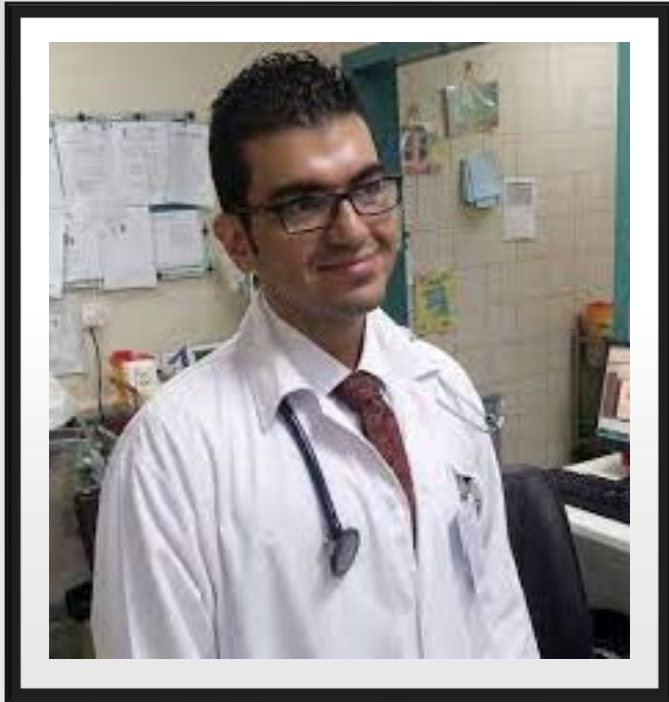
- Prophet Jacob
- Prophet Muhammad ﷺ

## LARGE SCALE GRIEF

- Allah's<sup>swt</sup> wisdom behind world suffering
- Grieve but do not despair in Allah's<sup>swt</sup> mercy
- Reorient towards an afterlife mindset



# Dr. Hammam Alloh, 36



- Dr. Alloh, Gaza's only nephrologist, was described as "a dedicated human being" who wanted to help the people around him, and was leading the formation of a new kidney treatment facility
- Before being killed, he spoke to the press about the horrors he witnessed working at Al-Shifa hospital throughout the assault on Gaza, where he remained for days at a time out of a sense of duty to his patients
- On November 11<sup>th</sup>, after finally leaving the hospital to see his family, their home was struck by a missile, killing him, his father and other family members
- When asked in an interview on "Democracy Now!" why he refused to evacuate the hospital, he responded: "You think I went to medical school and for my postgraduate degrees for a total of 14 years so I think only about my life, and not my patients'?"
- When asked for his message to the world, he said "We want to live freely like other people—to grow scientifically and economically, to walk in the street without fearing bombardments, to make plans. We want to be able to learn, think, grow, travel, dream—to feel like we are really human...we are being eradicated en masse. This is not what life should look like"
- Over 300 healthcare workers have been killed in Gaza